



AMBALIKA GROUP OF INSTITUTIONS

presents

AARAMBH 2K24

An Inter College
Sports Fest

24-25 APRIL 2024



Maurawan Road, Mohanlalganj, Lucknow



SCAN TO ENROLL

SPORTS CONVENORS

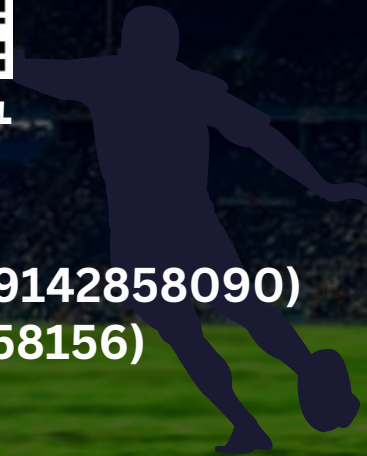
Mr. SHIV SINGH (9450965147)

Mr. VIKAS SHARMA(9557270385)

SPORTS SUPERVISOR

HIMANSHU KUMAR (9142858090)

PRANJAL RAI (7652058156)



RULES & REGULATIONS

- All participants must carry their College ID cards and Aadhaar Cards in physical form. They would also be crucial during the registration process as well as while entering the institute. After the payment of registration fees, participants should follow the guidelines mentioned for their registration to be confirmed. In case of non-compliance, Team AARAMBH would not be responsible for any refund of the fee.
- Any dangerous objects, lasers, or objects deemed illegal will not be allowed inside the campus.
- Any damage to the college infrastructure or the facilities provided to the participants will be treated as a grave offense and might lead to a monetary fine.
- No refund of fee for any events/activities would be processed.
- Event rules and regulations are subject to modifications as per the discretion of the organizing committee before, during, and after the event.
- In case of any disputes/conflicts, the decision taken by Team AARAMBH will be deemed final and binding.
- Any gestures/speeches/acts/ideas offensive to any gender, sexual orientation, nationality, or religious sentiments shall lead to disqualification. Team AARAMBH might additionally levy a penalty for the same.
- All participants are required to cooperate with the organizing committee and the volunteer team.
- Possession or Consumption of alcohol/drugs is strictly prohibited. Team AARAMBH welcomes you to their SPORTS FEST. All preparations are keeping in view the needs and demands of time. Rules and regulations mentioned here forth may amend if found necessary by the organizing committee.

LIST OF EVENTS

SNO.	SPORTS	CATEGORY		ENTRY FEES	WINNING
1	CRICKET	BOYS & GIRLS		₹ 1,500	₹ 3,000
2	vooleyball	BOYS & GIRLS		₹ 900	₹ 1,800
3	badminton	BOYS & GIRLS	SINGLE	₹ 150	₹ 300
			DOUBLES	₹ 200	₹ 400
4	KABADDI	BOYS & GIRLS		₹ 900	₹ 1,800
5	BASKETBALL	BOYS & GIRLS		₹ 800	₹ 1,500
6	TUG OF WAR	BOYS & GIRLS		₹ 800	₹ 1,500
7	KHO-KHO	BOYS & GIRLS		₹ 1,000	₹ 2,000
8	ATHELETICS	BOYS & GIRLS	100 M RACE	₹ 100	₹ 250
			LONG JUMP	₹ 100	₹ 250
			SHORT PUT	₹ 100	₹ 250
9	CHESS	BOYS & GIRLS		₹ 100	₹ 200
10	CARROM	BOYS & GIRLS		₹ 100	₹ 200
11	LUDO	BOYS & GIRLS		₹ 100	₹ 200
12	POOL	BOYS & GIRLS	SINGLE	₹ 100	₹ 200
13	TABLE TENNIS	BOYS & GIRLS		₹ 100	₹ 200
14	ARM WRESTLING	BOYS & GIRLS		₹ 100	₹ 200
15	VR GAMING	BOYS & GIRLS	BGMI	50 PER PERSON	₹ 500
			FREE FIRE	50 PER PERSON	₹ 500
			VALORANT	100 PER PERSON	₹ 500

CO-ORDINATORS

SNO	GAME	CO-ORDINATOR	CONTACT
1	CRICKET	AVINASH KUMAR YADAV	7785906263
2	VOLLEYBALL	ADARSH TIWARI	8528068676
3	BASKET BALL	UTKARSH SINGH VIVEK	9955323179
4	KHO KHO	MUNNA	7546035108
5	BADMINTON	ABHISEKH SINGH	9580790410
6	ATHELETICS	SONU KUMAR YADAV	8573898865
7	TUG OF WAR	SURYA NANDAN	9608634748
8	KABADDI	RAJESH AGARWAL	7209978245
9	CHESS	ASHISH SINGH RAJPUT	6387182087
10	CARRROM	ANKIT PANDEY	9129376606
11	LUDO	ANAND SINGH	8887246100
12	POOL	AKHAND PRATAP	6386638201
13	ARM WRESTLING	PRIYANSHU KUMAR SONU	6203382836
14	VR GAMING	MILAN KUMAR	9263585580
15	TABLE TENNIS	PRIYANSHU KUMAR SONU	6203382836

1. Cricket

- All members of the team should be of same college.
- 11 players per team 4 substitution will be allowed.
- 10 over per innings.
- Umpires decision will be final, any argument over umpire's decision will not be tolerated and severe action will be taken.
- Minimum 3 bowlers should be used compulsory.

2. Volleyball

- A minimum team of 6 should be present maximum of 8 players.
- A maximum of 3 substitutes.
- Rotation preferable though depends on teams (international rotation rules apply).
- Standard size ground and net height.
- Substitutions as per international rules.
- All the matches will be 3-set match, with each set will be played for 15 points. 7. Final will be 5-set match.
- Rally scoring to be used in all matches.
- The referee's decision shall be considered final.

3. Badminton

- Final match will be best of three sets, each set being a race to 11 points.
- All league matches will be knock-out matches.
- In case of conflict the decision of the event coordinator will be final and binding.

4. Kabaddi

- Each team shall consist of no more than 12 players with only 7 taking on the field at one time.
- The duration of the match is two halves of 20 minutes with a half time break of 5 minute.
- To prove that another breath hasn't been taken, the rider must continue to repeatedly yell the word kabaddi

6. Tug of war

- **Types of tournament:** Separate team for Boys & Girls.
- There will be 3 matches per pair of teams, in knockout, semifinal as well as final rounds, and the team which wins 2 out of 3 matches will be declared the winner.
- All the decisions of the referee will be final.
- The rope is marked with a “center line” and two markings six meters either side of the center line.
- The rope must be under the arms. Actions like pulling rope over shoulders will be considered foul.
- No knots or loops may be made in the rope, nor may it be locked across any part of the body of any member of the team. Crossing of the rope over oneself constitutes a loop.

7. Kho kho

- A team of 9 players are required to participate in the event.
- The name of the 9 main players will be submitted by the captain 15 min before the commencement of the match.
- All the decisions of referee shall be final and binding to all.
- Other rules will be announced on the spot

8. Shot Put

- When an athlete's name is announced, he or she will be having only 60 seconds to commence the throwing motion.
- For safety purpose, the players can tape their fingers but they certainly cannot wear gloves.
- The resting position of the shot is near the neck and it should remain over there throughout the motion.

9. Basketball

- The general rules of game are to be followed.
- All rounds will be knock out rounds.
- Basketball players cannot kick the ball or hit it with their fist.
- No player can touch the basketball while it is traveling downward towards the basket

11. Carrom

- Each team will consist of two players.
- The general rules of the game are to be followed
- In case of conflict the decision of the event coordinator will be final and binding.

13. Table tennis

- The general rules of the game are to be followed
- In case of conflict the decision of the event coordinator will be final and binding.

14. Chess

- It is an event for both UG and PG students.
- The general rules of the game are to be followed
- In case of conflict the decision of the event coordinator will be final and binding.

15. Arm wrestling

- The general rules of the game are to be followed
- In case of conflict the decision of the event coordinator will be final and binding.

16. Athletics

- All the general rules will be followed.
- For individual events a max of 2 participants can participate .
- For team events only one team per college will be allowed.



REGISTRATION FORM & PAYMENT GATEWAY



Maurawa road, Mohanlalganj, Uttaar Gaon, Uttar Pradesh 226301